



Missy Stancil

Licensed Professional Counselor, LCMHC, NCC

About Network

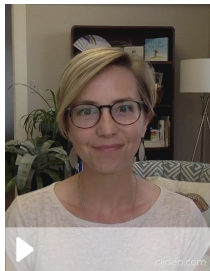
Missy does not have current availability for new clients, but hopes to resume intakes shortly. Please contact her re. waitlist, if needed.

Missy Stancil is not currently accepting new clients.

It is a great honor to join individuals on their journey, & I look forward to joining you on yours. As a counselor, I provide a safe, open space for you to find increased hope and clarity with whatever you may be facing. Human beings are remarkably resilient, even in the face of great hardship, if given a supportive and caring environment. I believe counseling can be that environment. My counseling approach includes an integrative approach founded upon person-centered counseling with sensorimotor techniques and integrative wellness, with a specialty in EMDR. Office appointments & HIPAA compliant telehealth appointments available.

I'm available to counsel adolescents, adults, & couples with a variety of needs, & specialize in trauma, grief/loss, self-esteem, stress management, career planning, sexual identity, gender identity, & spiritually-integrated psychotherapy. My professional interests include rural mental health, women's health, & the intersection of spirituality and sexuality.

The integration of wellness practices with trauma protocols (such as EMDR) is often the foundation of my work with clients. I've specialized in working with PTSD for several years, and the progress and healing of clients is remarkable. I am a trained Reiki Master and can integrate Reiki into treatment at your request.



Missy Stancil "Connecting technology & compassion to offer experienced HIPAA-compliant teletherapy. Meeting you where you are, virtually & emotionally."



View 6 Photos

Location

OPAL Well-Being, PLLC
102-B South 12th Street
Erwin, NC 28339
(919) 689-4410

Ask about video sessions

Email Me

Show Map

Nearby Areas

Specialties

- Trauma and PTSD
- LGBTQ+
- Spirituality

Issues

- Anger Management
- Anxiety
- Career Counseling
- Chronic Illness
- Chronic Pain
- Codependency
- Coping Skills
- Depression
- Divorce
- Domestic Abuse
- Domestic Violence
- Emotional Disturbance
- Family Conflict
- Grief
- Infidelity
- Life Transitions
- Marital and Premarital
- Obesity
- Peer Relationships
- Relationship Issues
- Religious/Spiritual Injury and Abuse
- School Issues
- Self Esteem
- Sexual Abuse
- Stress
- Transgender
- Weight Loss
- Women's Issues

Mental Health

- Mood Disorders

Sexuality

- Bisexual
- Lesbian

Client Focus

Age

- Elders (65+)
- Adults
- Teen

Communities

- Cancer
- Gay Allied
- HIV / AIDS Allied
- Lesbian Allied
- Non-Binary Allied
- Open Relationships Non-Monogamy
- Queer Allied
- Sex-Positive, Kink Allied
- Transgender Allied
- Veterans

Treatment Approach

Types of Therapy

- Cognitive Behavioral (CBT)
- Culturally Sensitive
- EMDR
- Emotionally Focused
- Experiential Therapy
- Expressive Arts



Missy Stancil

Licensed Professional Counselor, LCMHC, NCC

Cost per Session: \$90 - \$180

Pay By: ACH Bank transfer, American Express, Cash, Check, Discover, Health Savings Account, Mastercard, Paypal, Visa

Accepted Insurance Plans

- Out of Network

A superbill will be provided to you, should you choose to file directly with insurance. Reimbursement rates vary based on plan & deductible.

[Email me](#) or call (919) 689-4410 with questions.

Qualifications

Years in Practice: 8 Years

License: North Carolina / 10638

School: Campbell University

Year Graduated: 2013

Additional Credentials

Certificate: EMDR HAP (EMDRIA Approved) / Level I & II with Consultation

Certificate Date: 2015

Certificate: Usui System of Natural Healing / Reiki Level I, II, and Master

Certificate Date: 2017

- Multicultural
- Person-Centered
- Somatic
- Strength-Based
- Trauma Focused

Modality

- Individuals
- Couples
- Family

Professional Connections



Dr. Amelia Kelley, PhD, MS, LCMHC, ATR, RYT
Licensed Professional Counselor



Amanda Parmley, MA, LCMHC
Licensed Professional Counselor



Amber Benton, MA, LCMHC
Licensed Clinical Mental Health Counselor



Lauren Dawood, MA, LCMHC, NCC
Licensed Professional Counselor



Patricia Pace, MA, MDiv, LCMHC, NCC, LCASA
Licensed Professional Counselor

Last Modified: 25 Oct 2021